

## Day Packages

### African Escape Spa experience

Full use of Spa facilities. e pool, sauna and steam room.

Hot Stone full body massage.

Deep cleanse facial - African scalp massage.

Conditioning manicure or pedicure.

Light lunch.

**R 1280 per person**

### Royal Escape Spa Escape

Full use of Spa facilities - Hydrating facial  
Paraffin Dip Manicure - Paraffin Dip Pedicure  
Relaxing Shea butter Full Body Massage  
Light Lunch

**R 1440 per person**

### Pregnancy Pamper Escape experience

Full use of Spa facilities i.e. pool area  
Pre natal massage - Conditioning Manicure  
Scalp massage - Light Lunch

**R1040 per person**

## Half day packages

### Champagne Breakfast Spa Experience

Champagne Breakfast at the hotel restaurant - Full use of Spa facilities  
Express facial 30 min - Swedish full body massage  
**R750 per person**

### Perfectly Peaceful Spa Experience

Full use of Spa facilities - 30 minute back neck and shoulder massage  
- 30 min reflexology ritual  
**R510.00 per person**

### Complete Comfort Spa Experience

Full use of Spa facilities - 30 min back neck and shoulder massage  
- Hydrating facial  
**R600 per person**

### Gifted Girlfriends Spa Experience

Full use of Spa facilities - back neck and shoulder massage  
conditioning manicure - conditioning pedicure - spa lunch  
**R760 per person or R1300 for two**

**Spa Stay over packages-room upgrades available.**

### African Escape Spa Stay Over Experience

Full use of Spa facilities i.e. pool sauna and steam room  
Hot Stone full body massage - Deep cleanse facial  
African scalp massage - Conditioning manicure or pedicure  
Light Lunch

*Kedar Country Retreat - Rates include spa treatments and stay over in deluxe room, spa lunch, breakfast and dinner in Armory Restaurant*  
**Single - R1975 / Double - R1875 per person sharing**

### Royal Escape Spa Stay Over Experience

Full use of Spa facilities - Hydrating facial - Paraffin Dip Manicure  
Paraffin Dip Pedicure - Relaxing Shea butter Full Body Massage  
Light Lunch

*Kedar Country Retreat - Rates include spa treatments and stay over in double room, spa lunch, breakfast and dinner in Armory Restaurant*  
**Single - R2115 - Double - R1945 per person sharing**

### Soothing Sanctuary Spa Stay Over Experience

Full use of spa facilities  
Hot stone back neck and shoulder massage - African scalp massage  
Hand and arm ritual or foot and leg ritual  
Spa lunch

*Misty Hills Country Hotel- Rates include spa treatments and stay over in double room, spa lunch, breakfast in Armory Restaurant*  
**Single R1560 / Double R1432.50 per person sharing**



## Pricelist

### Kedar Spa in the Country

Located on R565 Sun City road, Rustenburg, North West Province  
Tel: 014 573 3218 Email: [kedarspa@rali.co.za](mailto:kedarspa@rali.co.za) / [kedar@rali.co.za](mailto:kedar@rali.co.za)  
Web: [www.spainthecountry.co.za](http://www.spainthecountry.co.za)



## Body treatments

The Spa in the Country body experience

A full body exfoliation followed by a soothing massage revitalizes the skin and soothes the soul.

The following revitalizing options are available-

The muti mud experience –awaken your senses (promotes blood circulation)

Chocolate decadence –indulge your senses (encourages relaxation)

**1 hour and 30 minutes R640**

## Massage Rituals

### Shea Butter Full Body massage ritual

With a combination of essential oils and shea butter; this massage ritual calms the mind and balances the body.

**1hour R440**

### Hot stone full body massage

**60 min R440**

### Hot stone back neck and shoulder massage

**40 min R330**

### Deep Tissue massage

**60 min R410**

### Swedish massage

**60 min R380**

### Back neck and shoulder massage

**30 min R250**

### African Scalp massage

**20 min R180**

### Pre natal massage

**60 min R350**

### Reflexology ritual

**45 min R280**

### Hand and arm ritual

Hand and arm exfoliation and massage  
**25min R 180**

### Foot and leg refreshing ritual

Foot soak exfoliation and massage  
**30 min R200**

## Facial Rituals

The Spa in the Country facial experience is adapted to the guests skin type, our facial treatments concentrate on destressing,anti aging and cell rejuvenation, the facial includes a scalp and hand massage.

**1 hour Facial R370**

**30 min Facial R250**

(incl cleanse, exfoliate, mask and moisturize)

## Hydro Therapy Rituals

### Vichy shower body experience-

Like gentle soothing rain, Suspended shower heads gently rinse the choice of exfoliation medium from the body, Our Vichy shower experience will improve blood circulation and calm the body and mind.

### Choose from the following exfoliation mediums-

Muti mud scrub-revitalizing

Boabab mud scrub-relaxing

Marula nut scrub-nourishing

**1hour R400**

### Circulation shower experience –

Within a private treatment area

The guest is provided with a nourishing mud scrub, which is self applied. Whilst rinsing the mud scrub from the body the circulation booster shower heads provide a revitalizing Hydro experience. Shea butter is provided for the guest to apply after the shower treatment is complete.

**1 hour R420 per person or R790per couple**

### Aroma Spa Bath

A private Jacuzzi bath with aromatherapy foam bath soothes all fatigued bodies and weary minds.

**R180 per bath**

## Extra Essential Rituals

Eye lash tint

**R60**

Eyebrow tint

**R50**

Eye lash and brow tint

**R95**

## Essential Grooming Rituals

### Hand rituals

Conditioning manicure - R180

French polish manicure - R200

Paraffin dip manicure - R230

French polish Paraffin dip manicure - R270

File and polish - R120

Your nails will be filed, buffed and painted

### Foot rituals

Conditioning pedicure - R220

French polish pedicure - R250

Paraffin dip pedicure - R290

French polish paraffin dip pedicure - R310

File and polish - R120

Your nails will be filed , buffed and painted.

### Waxing rituals

Full leg wax - From R250

Half leg wax - From220

Bikini wax - From R200

Under arm wax - From R120

Lip or chin or brow wax - From R60

Eyebrow shape - From R50

### Extra essential rituals

Eye lash tint - R60

Eyebrow tint - R50

Eye lash and brow tint - R95

Spa lunch - R110

Spa Facilities - R140 per person

All allocated times include the dressing and undressing of guests. Should you arrive late, we will complete your treatment as per the reserved time. Please ensure swimming costumes are worn in public areas.

BOOKINGS ESSENTIAL TERMS & CONDITIONS APPLY & OE.  
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